

Ready for an emergency Checklist

Complete the following actions to make sure that you and your family will be ready when emergency strikes.

No.	Action	Done
1.	Complete a household emergency plan.	
2.	Put your In Case of Emergency (ICE) contacts in your phone.	
3.	Purchase a wind up or battery operated radio and torch (if you don't already have them) and don't forget spare batteries.	
4.	Decide on a family meeting point in case your home is placed out of bounds. Make sure all family members know its location and the contact details.	
5.	Prepare an evacuation checklist and have a "grab bag" ready to fill.	
6.	Check that your smoke alarms are working – install if you don't already have them.	
7.	Find out what emergency plans exist for your children's school and your place of work.	
8.	Review your household insurance – ensure it is adequate and up to date.	
9.	Compile a list of personal emergency contacts.	
10.	If you have pets, decide on the emergency arrangements you will make for them.	
11.	Designate an emergency stock of water and non-perishable food – enough to support your family for up to 3 days.	
12.	Collect your critical documents together and store them safely.	

Visit www.llrprepared.org.uk for more advice on preparing for emergencies in your home and in the community.