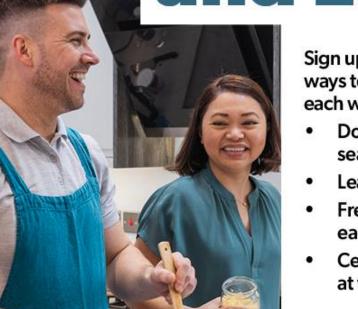




Cook, Meet and Eat





Sign up for our FREE cooking course, discuss ways to reduce food costs, produce a meal each week to take home plus loads more...

- Do the 'Take-Out' Challenge, use seasonal foods.
- Learn how to use a Slow-Cooker.
- Free recipe cards & ingredients provided each week.
- Certificate of attendance at the end of the course.

Eligibility - you must be aged 19 or older and **not** have Maths GCSE at grade C/4 or equivalent

Whitwick Scout Group HQ, 109 Leicester Road, Whitwick, LE675GN

5, 12, 26 October and 2 November 2023

10.00-12.30

To book your place call 0800 988 0308 and quote course code 23SN534N

